

### May was a BUSY month:

Happy Mother's day to all our Mothers!

Congratulations to all of our GRADUATES!

Recognizing all of our MILITARY and those who died serving our country-Honoring Memorial Day

THE LAST DAY OF SCHOOL (FOR STUDENTS AND TEACHERS]



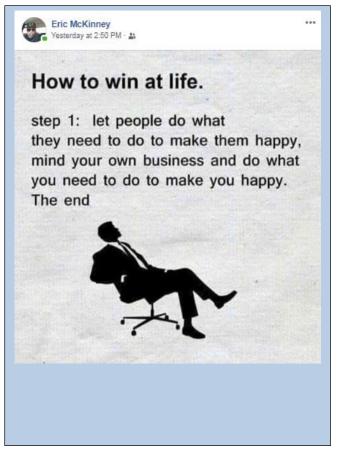
**May 2019** 



































How FUN! Matthew McConaughey came "home" to Longview to give the graduation speech to the graduating class (Yes, we attended the same high school and know each other...he was the year behind me) last night. Of course, he had to stop by one of the best pizza places in town..along with 2 of his kiddos. Wish I could have been there!





Julie Rigsby Oyen is at Sedona Mago Retreat Center. 16 hrs - 44

Be A Unicorn! #girltrip #sedona #warriorgoddessintraining





David Standridge is with Brandon Standridge.

18 hrs - 44

Finally got to hook up with my son Brandon Standridge and put some striped bass in the boat today. We just squeak by getting on the lake before they closed all the boat ramps down due to the rainfall at and around lake Whitney. We had friendly visit from the game warden late in the day. Game warden Said the lake will be closed for sometime now. Plus we was the only boat that caught any fish. It was a good day!!!





Clyde Boyd May 11 at 6:09 PM - &

"True Mother True Woman"

She's a woman of integrity.

She has about 1 to 3 jobs and sometimes goes to school to make life better for her kids.

Four jobs, if you include taking care of her kids.

It takes a lot of effort to do what she does.

She cooks, cleans, and works day in and day out.

If you stayed in her house, you'd know what she is about. It takes very much of her to make a happy home.

But what makes her even stronger is that sometimes she does it on her own. Bringing her daughters and sons up the best way she can. Respect,

determination is what this woman is all about. She teaches her kids the reality and doesn't sugar-coat a thing. She can be very blunt and it may seem like she is trying to hurt your feelings.

But what she tries to make you aware about is the cruel world and it's dealings. She also teaches her children to be realistic and have fun, so when the day is done, You're extremely proud to call her your mom.

You see, true mothers are true women,

She take care of her children, make ends meet. She can fix just about anything in a home. She is strong, yet 100% woman.

She will work sick, tired, depressed,

to make sure that her children always have what they needed. She can act as though everything is fine, even if it is falling apart.

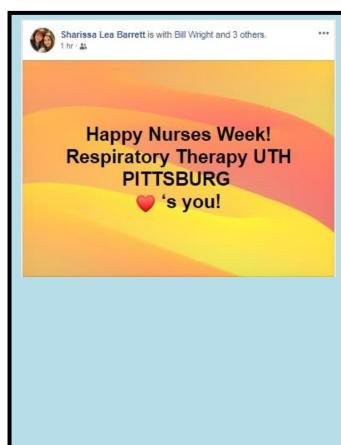
Did I mention a man?

No, because (sometimes) there isn't one in the home. (Sometimes) fathers leave and never look back. When raising her children if they had hard times they never knew it. She made time to work, keep up with them, helping with school work and etc, attempting to teach her sons how to be real men and their girls how to act like young ladies, from dressing, hair combed, Oh! and knowing exactly when their periods where due, and I don't mean the one on the end of this sentence(.) Being mother, father, rewarding, punishing, dealing with boys and girls with different personalities and different needs. She is truly a HERO, an inspiration through life. She is the most powerful, confident, strong and if you're blessed to have her here, she still encourages you today.

You see, many years ago I did not have a clue that I was being birthed by a Queen. A God fearing Queen. Even today, through trails and tribulations. You know you can make it. You can endure, You can stand, even if You stand alone. You know that You will be victorious, because You know from where You come. That's why I love my true mother true woman. Happy Mother's Day to all True Mothers True Woman















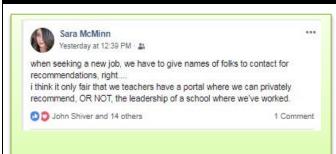






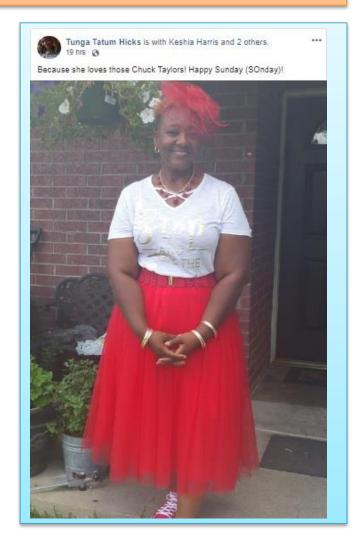




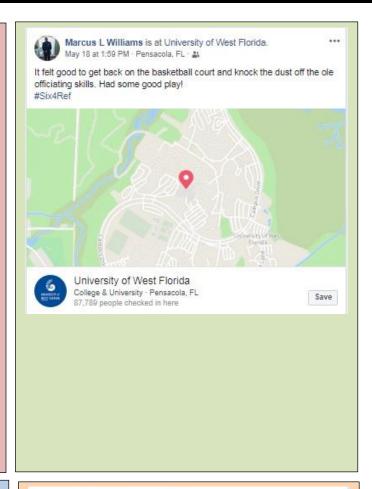


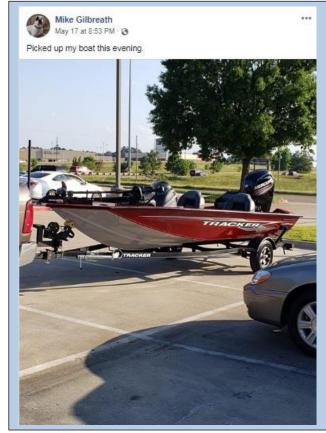










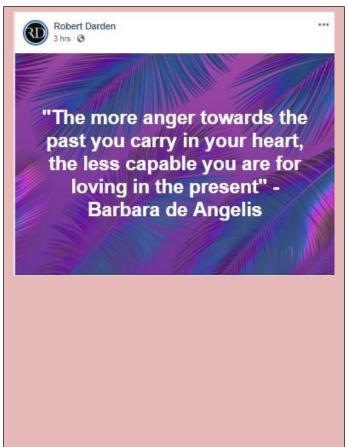














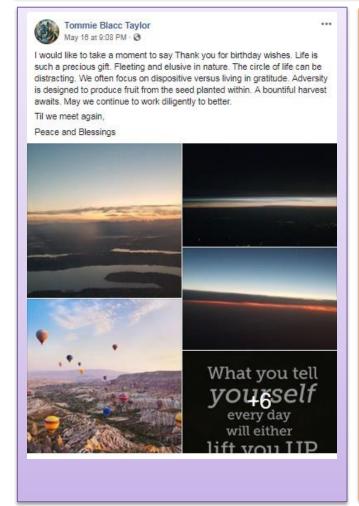


Hi, My name is Sarah and I am 50 - in fact, I'm actually looking 51 in the eye, LOL! I have silver hairs on my head and wrinkles on my face.

I have a little bit of a stubborn streak, and so I refuse to be a "victim" of my age. I will not accept, as people say, "well, just get used to it because it's a part of aging". I breezed through menopause without the terrible hot flashes and other miserable symptoms I was told were part of life. I am not perfect by any means, but I do take good care of myself and healthy foods, oils, herbs and supplements are a daily part of my life. And as of 7 weeks ago, I started working out again. I was having trouble with my shoulder and after some chiro and massage care - I knew what I really needed was to get moving and strengthen those muscles. I have already seen improvements and know that keeping moving will also help fend off some of those aging aches and pains.

And while I AM taking care of myself and doing things that will keep me healthy - I am not covering up my age. I don't dye my hair. I'm not injecting myself with anything to smooth out the wrinkles. And quite frankly, most days I wear little to no makeup - although I do love a good I lipstick!

Hopefully I am living a life of balance, and I pray that I am a good example for my kids, especially Kate. I want them to know that you do have to put good food in your body to be healthy, but when you want that occasional ice cream - eat it. Love the body that God gave you - and take care of it because you only get one. But don't be obsessive and do embrace the flaws because they are unique to yourself.





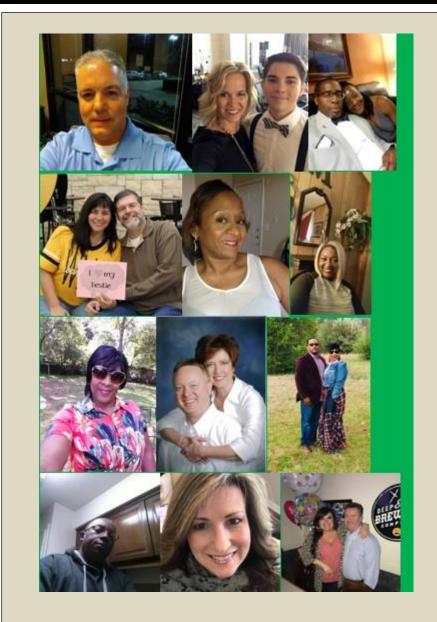
### May Happy Birthday!!!

Jason Langston — 1<sup>st</sup> Deleese Entrop-Bissett — O<sup>th</sup>

Tommie Taylor – 15<sup>th</sup>
Kim Pritchard – 15<sup>th</sup>
Sherry Ballard – 18<sup>th</sup>
Tunga Tatum-Hicks –
24<sup>th</sup>
LaShelia Ingram-Coffer –
24<sup>th</sup>
Terri Anderson-Simpson – 25<sup>th</sup>
Louis Madden – 27<sup>th</sup>
Carlous Booth – 27<sup>th</sup>

Jill McCreary – 29<sup>th</sup>

Brad Whitehead - 30<sup>th</sup>



#### CHECK OUT THESE LINKS:

## The Lobo Class of 1986 Webpage THE BEST CLASS EVER!



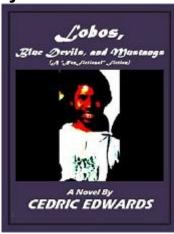
http://www.lobos 86.org

#### **Longview High School – 1986** A Class To Remember



http://www.classcreator.com/Longview-TX-1986/class index.cfm

# Lobos, Blue Devils, and Mustangs by Cedric Edwards



http://lobosand bluedevils.blogspot.com

https://www.facebook.com/AClasstoremember86lobos



LONGVIEW HIGH SCHOOL CLASS OF 1986 FORUM



August 19, 2009 Barber Institute of Texas re opened a boarded up barber school in South Longview. August 19, 2014 we have a Staff of 7, trained hundreds of Young Men and Women to become Licensed Barbers. Thank you East Texas for your support! Now Enrolling for the Fall. www.bit.edu

Wray Wade-owner

